

Join the 4-H Nature Club

Come learn about nature and explore the outdoors with 4-H! Open to enrolled 4-H members ages 5-15. Students must register each month.



The weather did not cooperate for the

February Nature Club meeting, so we had to find animal tracks inside! We made a "track finder," measured prints, drew them in our nature journal and tried to figure out which creature had made them. Then we used playdoh to make a mold of our favorite track! You can register online or call the Extension office at 859-572-2600.

2025 Campbell County 4-H Camp

- Camp forms will be available online or in the office starting Monday, March 17th.
- Camp forms & camp fee will be accepted starting Monday,
 March 24 at 8 am! Reminder: No more than 5 camp forms per person will be accepted.
- Camp registration fills up quickly, we recommend turning in your forms in-person at our office on March 24th.
- Office hours are 8-4:30pm.
- 2025 Camp dates: July 21-25
- Cost: \$163.00 Check or Cash only.



What's Happening in 4-H

Programs or meetings are at the Campbell County Extension Office in Highland Heights unless noted below.

For more information on these or other programs offered call the extension office at 859-572-2600.

MARCH 2025

Mar. 5	4-H Lego Club — 5:00pm
Mar. 6	4-H Saddle-Up Club Meeting Education 6:00pm — Meeting 7:00pm
Mar. 10	4-H Teen Leadership — 5:30pm
Mar. 12	4-H Board Games — 5:00pm
Mar. 13	4-H Dog Club Meeting — 7:00pm
Mar. 17	4-H / FFA Livestock Club Meeting Education 6:00pm — Meeting 7:30pm
Mar. 17	Rabbit & Poultry Club Meeting Education 6:00pm
Mar. 18	4-H Embroidery — 4:30pm
Mar. 19	4-H Nature Club — 5:30pm Environmental Education Center
Mar. 24	4-H Cloverbuds — 4:30 or 6:00pm
Mar. 25	4-H Entomology Club — 5:00pm
Mar. 27	4-H Dog Club Meeting — 7:00pm
Mar. 31	4-H Speech Finals — 6:30pm
Apr. 1	4-H Stitch & Strings Project — 4:00pm
Apr. 2	4-H Lego Club — 5:00pm

4-H Saddle-Up Club Meeting
Education 6:00pm — Meeting 7:00pm

Apr. 3

4-H LEGO Club











2024-2025 Meeting Dates

₩ Sept. 18 ₩ Dec. 18

₩ Mar. 19

₩ Oct. 23 ₩ Jan. 15

₩ Apr. 16

₩ Nov. 6 ₩ Feb. 19





4-H After School Art

In After School Art this month, we made circular drawings, monotypes, clay face pots, and "found" poetry!
Keep an eye on our events page for more art classes:

https://campbell.ca.uky.edu/events





Visit Campbell County 4-H on Facebook to see more photos from this event...

**

4-H / FFA Livestock Club

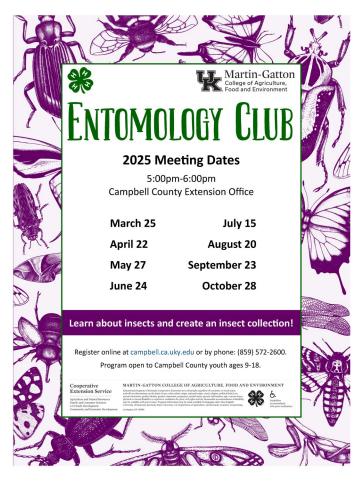
The Campbell County 4-H/FFA Livestock Club was well represented at the Kentucky Beef Expo held at the state fairgrounds in Louisville. Congratulations to everyone that participated.



facebook

Visit Campbell County 4-H on Facebook to see more photos from this event...







Kentucky 4-H Achievement Program

Congratulations to our
4-H Achievement Program
Award Winners:

Brianna Shields- Silver Award
Franceska Shurley- Bronze Award
Leah Redden- Clover Level 3 Award
Emory Polatka- Clover Level 3 Award
Dezmond Polatka- Clover Level 1 Award
Blakely Milburn- Clover Level 1 Award

**

State 4-H Equine Leadership Task Force

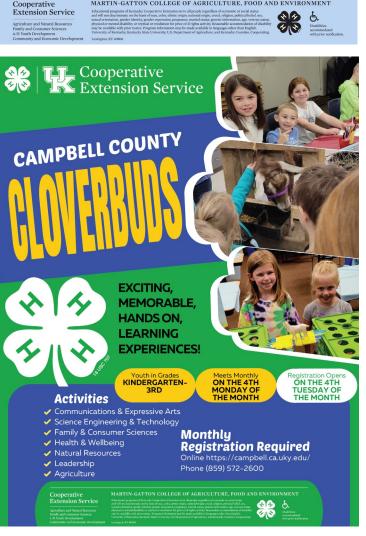
Campbell County is well represented on the State 4-H Leadership Task Force by Brianna Shields.





Visit Campbell County 4-H on Facebook to see more photos from this event...











FIND YOUR SPARK AND BUILD FRIENDSHIPS

Event Highlights



June 10-13, 2025

About Our Event

Kentucky 4-H Teen Conference is a comprehensive leadership development event tailored for high school 4-H members. This conference is designed to provide youth with a multifaceted experience that combines educational workshops, leadership training, community service, and social activities.

> JOIN US!

Majors

These workshops are held on the University of Kentucky campus, offering a unique opportunity for youth to experience college life and explore the academic resources available at UK.

Leadership Minor

Focuses on developing essential leadership skills through targeted activities and discussions

Day of Service

Participants engage in community service projects throughout Lexington

Social Activities

These activities include CLOVER Fest, a formal dance, dorm life experience, and area night-out events. These events provide a fun and relaxed environment for youth to connect with their peers.

CONTACT SHERRI AT SFARLEY@UKY.EDU FOR MORE INFORMATION

WEBSITE campbell.ca.uky.edu







Calling all artists!

Your design could be featured on the **2025 Kentucky State Fair 4-H Horse Show** T-Shirt!

Submissions due by:

05.01.2025

Email to: anna.draeger@uky.edu

Keep in Mind:

- Send an exact copy. Designs will be digitized exactly as submitted.
- Use 1-2 colors in the design- we'll choose a shirt color for contrast.



Capitol Experience

The Kentucky 4-H Capitol Experience was held in Frankfort on February 26. Our youth had the opportunity to tour historic sites, participate in civic engagement workshops, and watch our government officials at work.

HOW YOUR \$10 AG TAG BUILDS BOUNDLESS FUTURES



KENTUCKY FFA

Provides travel scholarships for students and chapters competing at the **National FFA Convention**.

Offers grant opportunities for local chapters to enhance classrooms and communities.

KENTUCKY 4-H

Creates hands-on learning experiences, builds friendships, and fosters growth through **4-H Camp**.

Supports **skill development** through judging activities, 3-D design, and community projects.

100% TO AG

100% of Ag Tag funds are evenly split between Kentucky 4-H, Kentucky FFA, and Kentucky Proud.

Half of the funds for 4-H and FFA are returned to the originating counties.

KENTUCKY PROUD

Funds **scholarships** for programs like Athletes in Agriculture.

Makes events like the
Kentucky State Fair and
North American International
Livestock Exposition possible.



YOUTH

HEALTH BULLETIN



MARCH 2025

Download this and past issues of the Adult, Youth, Parent, and Family Caregiver Health Bulletins: http://fcs-hes.ca.uky.edu/

http://fcs-hes.ca.uky.edu/ content/health-bulletins Campbell County
Cooperative Extension
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https://campbell.ext.uky.edu

THIS MONTH'S TOPIC

USE GOOD WORDS FOR FOOD



he way we talk about food is important for our health. What we say about food can make us feel good or bad about eating it. If we use kind and good words about food, it can help us build a healthy relationship with what we eat. A healthy relationship with food means we can enjoy eating without feeling guilty or worried. It also helps us understand that food is something that helps our bodies stay strong and healthy.

The words we use when we talk about food can change how we feel about eating. If we

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Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE. FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.





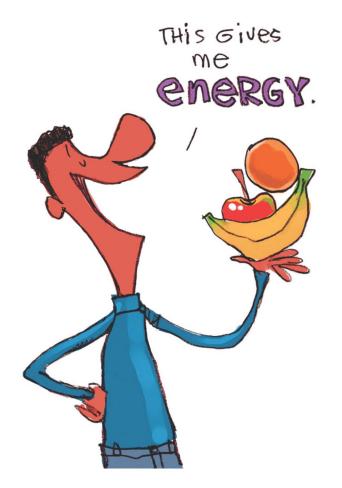
By using kind and positive words, we can understand that food helps us grow strong and stay healthy.

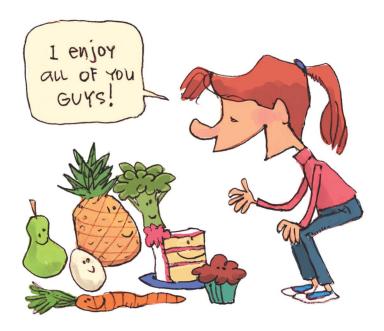
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say things like, "that food is unhealthy," or "you shouldn't eat that," it can make food feel like the enemy. We might start to think that eating some foods is wrong or bad. But food is not the problem. When we use words like, "this food gives me energy," or "this helps my body stay strong," we start to see food as something that helps us feel good.

It is important to remember that no food is really "bad." It's all about balance. Sweet treats like cookies or candy can be good for us because they bring us joy when we eat them. But we also need foods like fruits, vegetables, and whole grains to keep us feeling good. If we only eat one kind of food all the time, like only candy or only vegetables, our bodies won't be as healthy. It's about having all types of food in different amounts.

When we say foods are "good" or "bad," it can make us feel like we're doing something wrong





when we eat the "bad" food. Instead of using these words, we can talk about food in a more helpful way.

It's also helpful to slow down and think about how food tastes. Instead of rushing through meals, we can take time to enjoy how the food tastes, how it feels, the colors of the food, and how it makes us feel after we eat it.

The words we use when thinking and talking about food can help us feel good about eating it. By using kind and positive words, we can understand that food helps us grow strong and stay healthy. Whether it's a treat or a healthy meal, food is something to enjoy.

REFERENCES:

- Satter, E. (n.d.). Are you feeling bad about your eating? Ellyn Satter Institute. https://www.ellynsatterinstitute.org/family-meals-focus/96are-you-ready-to-stop-feeling-bad-about-your-eating/
- Ellyn Satter Institute. (n.d.). The joy of eating: Being a competent eater. Ellyn Satter Institute https://www.ellynsatterinstitute.org/how-to-eat/the-joy-of-eating-being-a-competent-eater



Written by:

Anna Cason, RDN

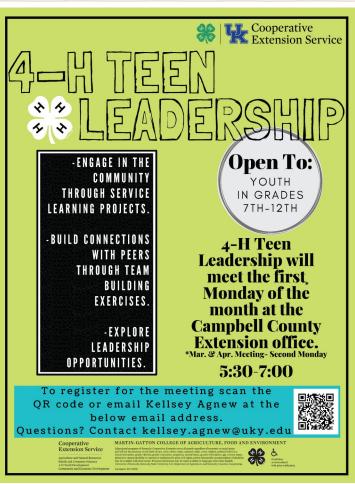
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Chris Ware (© University of Kentucky School of Human Environmental Sciences)





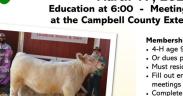
4-H/FFA Livestock Club





Next Meeting!

March 17, 2025 Education at 6:00 - Meeting at 7:30pm at the Campbell County Extension Office



- Membership requirements:

 4-H age 9-18 as of January 1, 2025
- Or dues paying member of the FFA
- Must reside or go to school in Campbell County
 Fill out enrollment forms and attend club
- Complete at least six (6) hours of education from
- a certified volunteer

Projects offered include:

Market and breeding beef, sheep and goats, market hogs and country ham

Project goals include:

- Expand youth knowledge of the livestock industry
- Learn about selection, nutrition, health and daily care, marketing and showing of livestock.
- Learn responsibility and the value of hard work
 Gain life skills such as decision making and
- communication skills



New members welcome to attend this meeting to learn more about the club.



Join the 4-H



For kids aged 8-18

- · Teach your dog heel, sit, stay, and come
- · Learn and practice leadership skills.
- Teach your dog socialization skills.
- · Learn how to read your dog's body language.
- · Practice new skills through fun exercises.
- Compete in 4-H county and state dog shows.



Campbell County 4-H Dog Club to learn more about meetings. dates and times

Meetings: March 13 & 27, 2025 - 7:00 p.m.

Meeting held at the Campbell County Extension Office **Horticulture Meeting Room**

3500 Alexandria Pike | Highland Heights, KY 41076

Call: 859-572-2600 with questions or for more information

Club Leader: Caitlin Linepensel

Cooperative Extension Service







4-H CLUB REPORTS



St. Thomas - 4th Grade

On February 20th, **Mrs. Holtz's 4-H Tomcat Club** held their monthly meeting at St. Thomas School. After our club president **Ellie** called the meeting to order, we said the Pledge of Allegiance and the 4-H pledge. **Holden** and **Ronan** helped lead the Pledges. There were 18 members present at the meeting. The topic for this month's meeting was Communication. One thing we did during this month's meeting was learn how to prepare for public speaking. Our next meeting will be held in January. **Ada**, Reporter

Sts. Peter and Paul

The meeting of the Fred Tickleberry 4-H club was called to order on 2/5/25 by President Annabelle at Saints Peter and Paul Catholic School. After our monthly meeting was called to order we said the Pledge of Allegiance and the 4-H Pledge led by Colton and Frankie. The topic of our lesson was Tin Foil Boats, and we learned about how boats float and used one sheet of tinfoil to make a boat that will hold the most marbles. Our next meeting is scheduled for 3/6/25. Reporter, Larkin.

St. Philip

The meeting of the Bengals Roar 4-H club was called to order on 2/19/25 by President Josie at Saint Philip Catholic School. After our monthly meeting was called to order we said the Pledge of Allegiance and the 4-H Pledge led by Audrey H. and Eric. The topic of our lesson was Acid and Bases, and we learned about the difference between acids and bases and the pH scale. Then we completed a lab where we tested solutions and determined if they were acidic or basic. Our next meeting is scheduled for 3/19/25. Reporter, Audrey S.

Newport Intermediate School 3rd Grade

The meeting of the **Bengals** 4-H club was called to order on 2/21/25 by President Logan at Newport Independent School. After our monthly meeting was called to order we said the Pledge of Allegiance and the 4-H Pledge led by Devyn and Mikyng. The topic of our lesson was Owl Pellets, and we learned about owls, what they eat, adaptations, how owl pellets are formed, and common Ky Owls. Then we dissected owl pellets and determined the prey the owl had eaten recently. Our next meeting is scheduled for 3/21/25. Reporter, Aubrie.

The meeting of the **Wild Stitch** 4-H club was called to order on **2/21/25** by President **Kaeman** at **Newport Intermediate**

School. After our monthly meeting was called to order we said the Pledge of Allegiance and the 4-H Pledge led by Harper and Gabe. The topic of our lesson was Owl Pellets, and we learned about owls, what they eat, adaptations, how owl pellets are formed, and common Ky Owls. Then we dissected owl pellets and determined the prey the owl had eaten recently. Our next meeting is scheduled for 3/21/25. Reporter, Toni.

4th Grade

The meeting of the Wildcats 4-H club was called to order on 2/14/25 by President Jamauree at Newport Independent School. After our monthly meeting was called to order we said the Pledge of Allegiance and the 4-H Pledge led by Neyson and Josemere. The topic of our lesson was Snap Circuits, and we learned about different types of circuits. Then we used snap circuit kits to make circuits. Our next meeting is scheduled for 3/14/25. Reporter, Kaden.

The meeting of the **Newport Cats** 4-H club was called to order on **2/14/25** by President **Aris** at **Newport Intermediate School**. After our monthly meeting was called to order we said the Pledge of Allegiance and the 4-H Pledge led by **Tia** and **Raelee**. The topic of our lesson was **Snap Circuits**, and we learned about **different types of circuits**. **Then we used snap circuit kits to make circuits**. Our next meeting is scheduled for **3/14/25**. *Reporter*, *Kaylee*

The meeting of the Wild Dogs 4-H club was called to order on 2/14/25 by President Kyle at Newport Intermediate School. After our monthly meeting was called to order we said the Pledge of Allegiance and the 4-H Pledge led by Jordan and Ashley. The topic of our lesson was Snap Circuits, and we learned about different types of circuits. Then we used snap circuit kits to make circuits. Our next meeting is scheduled for 3/14/25. Reporter, Jelani.

The meeting of the **Dr. Pepper** 4-H club was called to order on **2/14/25** by President **Caiden** at **Newport Intermediate School**. After our monthly meeting was called to order we said the Pledge of Allegiance and the 4-H Pledge led by **Jessi** and **Harper**. The topic of our lesson was **Snap Circuits**, and we learned about **different types of circuits**. Then we used **snap circuit kits to make circuits**. Our next meeting is scheduled for **3/14/25**. *Reporter*, **Faith**.

Newport Intermediate School 5th Grade

The meeting of the **Big Backs** 4-H club was called to order on **2/27/25** by President **Lriyah** at **Newport Intermediate School**. After our monthly meeting was called to order we said the Pledge of Allegiance and the 4-H Pledge led by **Carleigh** and **Miracle**. The topic of our lesson was **Weathering and Erosion**, and we learned about **weathering**, **erosion**, and **deposition**. Then we had stations that helped **us learn weathering and erosion**. Our next meeting is scheduled for **3/26/25**. Substitute *Reporter*, **Sophia**.

The meeting of the Clovers 4-H club was called to order on 2/27/25 by President Nina at Newport Independent School. After our monthly meeting was called to order we said the Pledge of Allegiance and the 4-H Pledge led by Micah and Maddy. The topic of our lesson was Weathering and Erosion, and we learned about weathering, erosion, and deposition. Then we had stations that helped us learn weathering and erosion. Our next meeting is scheduled for 3/26/25. Reporter, DeaJah.

The meeting of the **Smarties** 4-H club was called to order on **2/19/25** by President **CJ** at **Newport Independent School**. After our monthly meeting was called to order we said the Pledge of Allegiance and the 4-H Pledge led by **Harlem** and **Leonn**. The topic of our lesson was **weathering and erosion**, and we learned about **weathering**, **erosion**, and **deposition**. **Then we had stations that helped us learn weathering and erosion**. Our next meeting is scheduled for **3/27/25**. *Reporter*, **Colton**.

The meeting of the Chicky Nuggies 4-H club was called to order on 2/27/25 by President Amira at Newport Independent School. After our monthly meeting was called to order we said the Pledge of Allegiance and the 4-H Pledge led by Lilah and Noah. The topic of our lesson was weathering and erosion, and we learned about weathering, erosion, and deposition. Then we had stations that helped us learn weathering and erosion. Our next meeting is scheduled for 3/27/25. Reporter, Trinitee.

Southgate Independent School

5th Grade

The meeting of the **Team Slay** 4-H club was called to order on **2/12/25** by President **Emma** at **Southgate Independent School**. After our monthly meeting was called to order we said the Pledge of Allegiance and the 4-H Pledge led by **Livianna** and **Mariyah**. The topic of our lesson was **The Cats**

in the Bag, and we learned about scientific methods and how it is used. Then we completed an activity using scientific methods to guess items in a paper bag. Our next meeting is scheduled for 3/10/25. Substitute Reporter, Lyla.

6th Grade

The meeting of the **Dino Nuggets** 4-H club was called to order on **2/12/25** by Vice President **Harmony** at **Southgate Independent Schools**. After our monthly meeting was called to order we said the Pledge of Allegiance and the 4-H Pledge led by **Ean** and **Myka**. The topic of our lesson was **Sink or Float**, and we learned about **the scientific method** and how it is used then we used the scientific method to conduct an experiment to see whether certain objects sink or float in water. Our next meeting is scheduled for **4/10/25**. *Reporter*, *Layla*.

7th Grade

The meeting of **The Drakes** 4-H club was called to order on **2/12/25** by President **Matt** at **Southgate Independent Schools**. After our monthly meeting was called to order we said the Pledge of Allegiance and the 4-H Pledge led by **Jaelynn** and **Cali**. The topic of our lesson was **Sink or Float**, and we learned about **the scientific method and how it is used then we used the scientific method to conduct an experiment to see whether certain objects sink or float in water**. Our next meeting is scheduled for **3/11/25**. *Reporter*, **Morgan**.

8th Grade

The meeting of the **Skibidi Slicers** 4-H club was called to order on **2/12/25** by President **Priscilla** at **Southgate Independent Schools**. After our monthly meeting was called to order we said the Pledge of Allegiance and the 4-H Pledge led by **Maddison** and **Kyiah**. The topic of our lesson was **Sharpies and Solubility**, and we learned about **solubility and solutions**. Then **completed an experiment to see if permanent markers are soluble in different solutions**. Our next meeting is scheduled for **3/11/25**. *Reporter*, *Mariah*.

Grant's Lick February Club Report

On February 13, 2025 we had our last monthly meeting of the **Grant's Lick 4-H Super Speakers**. After President **Rebekah** called the meeting to order, **Rivan** led the Pledge of Allegiance and **Paisley O**. led the 4-H pledges. Secretary **Leland** reported that there were 25 members present. Vice President **Avery** introduced the topic of our lesson which was "Tips and Tricks for Public Speeches." Rivan moved to

(continued on next page)



4-H CLUB REPORTS



adjourn the meeting, Paisley seconded the motion. We learned that we should speak clearly and be confident. We are ready to give our speeches next month! *Lily, Reporter*

On February 13, 2025 we had our last monthly meeting of the **Grant's Lick 4-H Speech Explorers**. After President **Paislee** called the meeting to order, **Bentley** led the Pledge of Allegiance and **Ansley** led the 4-H pledges. Secretary **Alex** reported that there were 23 members present. Vice President **Ginny** introduced the topic of our lesson which was "Tips and Tricks for Public Speeches." We learned that practicing tongue twisters can help us speak clearly. We are ready to give our speeches next month! **Vincent**, Reporter

Cline Elementary

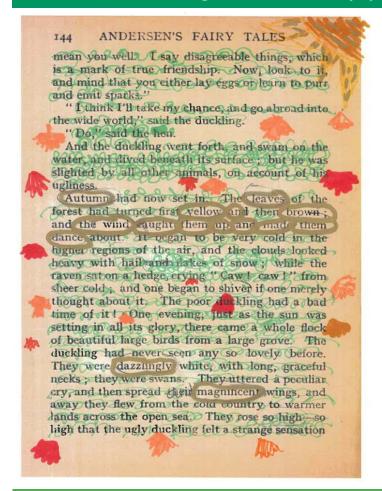
The meeting of the **Panther Paws 4-H Club** was called to order on February 13th by President **Ava** at Cline Elementary. After our monthly meeting was called to order, we said the Pledge of Allegiance and the 4-H Pledge. **Macy** and **Lainey** led the pledges. The topic of our lesson was

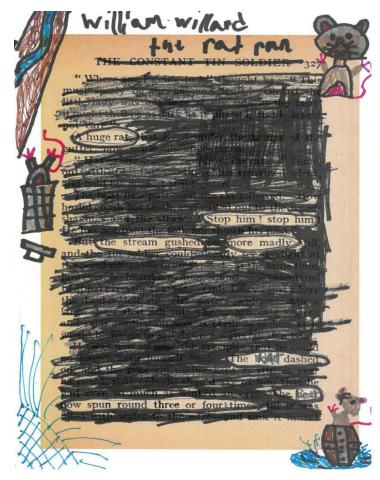
Communications and we learned about how to prepare for a 4-H speech. *Myles, Reporter*

The meeting of the **Cool Panther 4-H Club** was called to order on February 13th by President **Savannah** at Cline Elementary. After our monthly meeting was called to order, we said the Pledge of Allegiance and the 4-H Pledge. **Jarvis** and **Landon** led the pledges. The topic of our lesson was Communications and we learned about the parts of a speech and what's important in each part. *Callie*, *Reporter*

The meeting of the **Shining Stars 4-H Club** was called to order on February 13th by President **Sam** at Cline Elementary. After our monthly meeting was called to order, we said the Pledge of Allegiance and the 4-H Pledge. **Galveston** and **Lily** led the pledges. The topic of our lesson was Communications and we learned about publich speaking. *Melody*, *Reporter*

4-H After School Art Program "Found Poetry" project





Crossroads Elementary

On February 6, 2025, Mrs. Hicks 4-H Chipmunks Club. Held their monthly meeting at Crossroads Elementary. After our club president, Mia called the meeting to order, we said the Pledge of Allegiance and the 4-H pledge. Jaxon and Rae helped lead the pledges. There were 17 members present at the meeting. The topic for this month's meeting was vegetables. Our next meeting will be held in March. Arizona, Reporter.

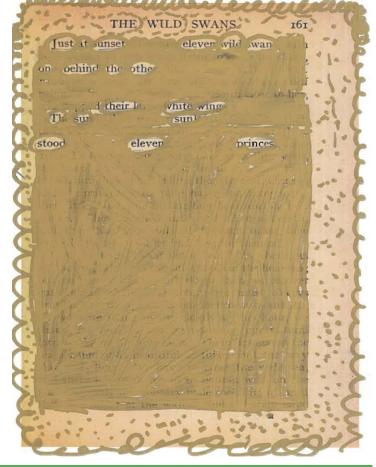
On February 6, 2025, **Mrs. Moores 4-H Alani Club**. Held their monthly meeting at Crossroads Elementary. After our club president, **Ella** called the meeting to order, we said the Pledge of Allegiance and the 4-H pledge. **Paisley** and **Grayson** helped lead the pledges. There were 17 members present at the meeting. The topic for this month's meeting was about muffins with beets inside. Our next meeting will be held in March. **Emma**, Reporter.

On February 6, 2025, Mrs. Hungate's 4-H Slay Quirrels Club. Held their monthly meeting at Crossroads Elementary. After our club president, Emma called the meeting to order, we said the Pledge of Allegiance and the 4-H pledge. Ethan and Jada helped lead the pledges. There were 17 members present at the meeting. The topic for this month's meeting was vegetables. Our next meeting will be held in March. Addy, Reporter.

On February 6, 2025, Mrs. Leffingwell's 4-H Cats Club. Held their monthly meeting at Crossroads Elementary. After our club president, Jazlyn called the meeting to order, we said the Pledge of Allegiance and the 4-H pledge. Riley and Olivia helped lead the pledges. There were 21 members present at the meeting. The topic for this month's meeting was vegetables. One thing we did during this meeting was eat beats. Our next meeting will be held in March. Westin, Reporter.

(continued on next page)

ANDERSEN'S BATRY pulled up out of one of those deep, cold crevasses but he soon thought no more of it, and it seemed no more than many other stories which he had been Occasionally, when the n path too rough for he boy. hand; but he was not easily ired. nd sto Now they go the ice as securely as a chamois. on rock, and clambered over the rough stones; on they would have to walk through the pineover pasture-lands, whilst the landscape was constantly changing. Around them were its he Jung rau, the great snow mountains ld knew their names, and o course. e been to so high he had never walked de snow-fields; like the ocean with its waves immovable, the wind no and again blowing off some of the snow as if it were the foam of its sea. The glaciers meet here as in they were joining hands; each forms one of the relaces of the Ice-Maiden, whose power and aim is to capture and overwhelm. The sunshine was hot, the show wa brillian ly white, and seemed to spar le as d with diamonds. Countless inse em butterflies or bees, were lying they had gone up too high, or bear carried the wind and had been trozen to death. A hreatening cloud hung over the V looking like a bundle of black wool; it living down, heavy with its own weight, ready to burst with





4-H CLUB REPORTS



Campbell Ridge Elementary 4th Grade

On February 3rd, Mrs. Lee's 4-H Beehive Club held their monthly meeting at Campbell Ridge Elementary School. After our club president Elise called the meeting to order, we said the Pledge of Allegiance and the 4-H pledge. Jace and Bryson helped lead the Pledges. There were 25 members present at the meeting. The topic for this month's meeting was Communication. One thing we did during this month's meeting was learn about communication types. Our next meeting will be held in March. Jack Fulton, Reporter

On February 3rd, **Ms. Fischer's 4-H Nature Club** held their monthly meeting at Campbell Ridge Elementary School. After our club president **Kinsley** called the meeting to order, we said the Pledge of Allegiance and the 4-H pledge. **Austin** and **Eli** helped lead the Pledges. There were 18 members present at the meeting. The topic for this month's meeting was Communication. One thing we did during this month's meeting was practice warming up using tongue twisters. Our next meeting will be held in March. **Sadie Stinson**, *Reporter*

On February 3rd, Mrs. Evan's 4-H Cool Kids Club held their monthly meeting at Campbell Ridge Elementary School. After our club president Rozzi called the meeting to order, we said the Pledge of Allegiance and the 4-H pledge. Zander and Trace helped lead the Pledges. There were 25 members present at the meeting. The topic for this month's meeting was Communication. One thing we did during this month's meeting was learn how to control our breathing. Our next meeting will be held in March. Caz Weinberg, Reporter

On February 3rd, Mrs. Water's 4-H Coffee Club held their monthly meeting at Campbell Ridge Elementary School. After our secretary Sophia called the meeting to order, we said the Pledge of Allegiance and the 4-H pledge. Alina and Maddy helped lead the Pledges. There were 18 members present at the meeting. The topic for this month's meeting was Communication. One thing we did during this month's meeting was interview our classmates. Our next meeting will be held in March. Delilah Boh, Reporter

Lellsey Agnew

Kellsey Agnew

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